REFLEXIVITY READING 4 –

FUTURE, MOOD & MOTIVE



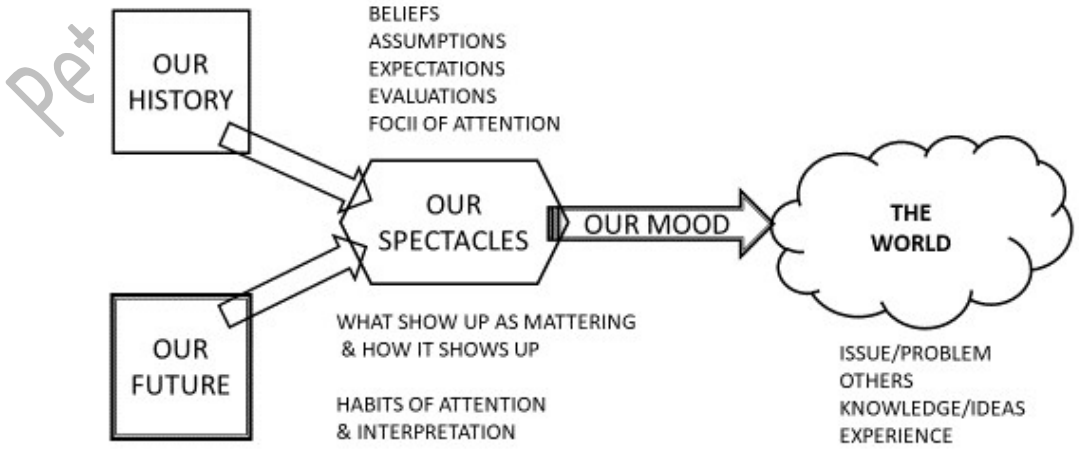
The wise one is mindful that the windows of his/her house of habits, rules & language are the prejudicial spectacles through s/he always views the world – spectacles that cannot be removed. In pursuit of reflexivity s/he can only struggle with them and strive to understand & modulate, what could be considered as the colour, texture, darkness, shape and field of view of these apertures on the world.

We have talked at some length about the role our lived experience plays in the development of our prejudicial spectacles. There are, however, two other factors that impact upon the character of our windows on the world.

What shows up to us as mattering & how it shows up depends on our history, but also depends on our 'mood' and our 'desired future'. These factors have been added to the summative diagram below.

How we see the world is coloured by our emotional state and shaped by what we believe the world should become/what the future should look like. [You should maybe reflect on why the two are often strongly linked].

What we pay attention to, and how we interpret that to which we attend, is as much influenced by what we see 'should be the case', as by what we see as 'being the case'. We may tend to filter out accounts which do not fit with our aspirations, plans, and/or self-interest, and accentuate those which do fit. History is not an account of what has happened, but is an account of what has been taken into account – and our history making motives influence our writing of that history.



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