Reflexivity Reading 3

Reflexivity is our disposition towards ourselves. To be reflexive is to be alert to, and questioning of, our dispositions towards issues/problems, others, evidence/knowledge & experience. To be reflexive is to be capable of turning a penetrating eye onto our pre-judgements, and our resulting tendencies of attention, interpretation & conduct, and thenceforth getting a grip on these.

In the reflexive endeavour we are striving to take manual control of our dispositions, and not to comfortably remain on auto-pilot; unquestioning of them. **The reflexive practitioner is mindful of their house of habits, the resulting spectacles through which they see the world, and struggles with his/her bucket of prejudices**.



In pursuit of practical wisdom the reflexive practitioner gains a **disciplined cognitive hesitancy** that **allows the particularities & distinctions of a pertaining circumstance to reveal themselves**, rather than only the easy-to-see generalities that provoke a comfortable habitual response to others, problems/issues, evidence/knowledge & experience. S/he speaks softly to the wicked world, lets the wicked world speak to her/him, and lets it reveal itself in all its possibilities.

To be wise one must seek to be an **old-child**; experienced & educated, but with 'a still seeing, listening, mutable mindscape'. The reflexive practitioner seeks a 'learned ignorance'.

The wise one strives to approach the world with an attitude of **vu jàde not déjà vu** – s/he tries to always see things as if they were being seen for the first time – no matter their familiarity and recurrence. **As we grow older we must ensure our experience becomes a powerful resource - not a deadening trap.**

The reflexive practitioner shakes off the shackles on her/his mind and sets their imagination free onto the wicked world.

Reflexivity is the first step to creativity.

Peter lenney - Mindful Manager- Peter Lenney